

Enduring Hope Series

Introduction

Life in the Philippines is a mix of joy and hardship. Many Filipinos work hard but still face challenges like low income, family struggles, natural disasters, and personal loss. When problems seem endless, it's easy to lose hope. But God promises a hope that doesn't depend on circumstances—a hope that lasts through every trial.

Enduring Hope is a small group study series designed for people seeking strength, peace, and purpose. Each lesson reveals how God's promises can bring comfort, courage, and renewal in life's hardest moments. It's about discovering a hope that goes beyond wishful thinking—a hope that's rooted in Jesus, the One who never fails.

No matter where you are in life—whether you're just starting your journey of faith or have walked with God for years—these lessons will inspire you to hold on to the hope that endures forever. Jesus is our Hope, and in Him, we find rest, peace, and joy—even when life feels uncertain.

Topics

1. Hope That Heals

Sabbath

"Pagod ka na ba?"

Life in the Philippines can be overwhelming, with endless work, constant demands, and little time to rest. Many people push themselves to the limit, thinking rest is a luxury they can't afford. But God understands the burdens we carry. That's why He gave the Sabbath—not as a strict rule but as a loving gift—a day to stop, rest, and reconnect with Him.

The Sabbath is about more than just physical rest; it's about healing from life's stress and finding peace in God's presence. It's a time to let go of worries and be reminded that we are more valuable to God than our work or achievements. When we trust Him enough to pause, we allow Him to restore our bodies, minds, and spirits. Rest isn't just something we need—it's something God lovingly provides.

Jesus—our Hope—gives true rest.

2. Hope That Returns

Second Coming and the Millennium

“Darating pa ba ang tulong?”

Filipinos are no strangers to waiting—waiting for typhoons to pass, for family members to return from overseas, or for relief after disasters. But the hardest waiting comes when life feels hopeless and it seems like help will never come.

God has promised that the greatest help of all is on the way: Jesus is coming back! His return will bring an end to suffering, sickness, and sadness. It’s not just a far-off hope—it’s a sure event that will change everything. In the face of life’s biggest struggles, we can look forward with confidence because Jesus has already won the ultimate victory. The pain and troubles we endure now will be wiped away when He comes again, bringing eternal peace and joy.

Jesus—our Hope—is coming soon.

3. Hope That Comforts

State of the Dead

“Ngayong wala na sila, may pag-asa pa ba?”

Losing someone we love is one of life’s most painful experiences. Many Filipinos have faced this heartache, especially through sickness, accidents, and natural disasters. The loss feels final, and grief can seem unbearable. But the Bible tells a different story—a story of comfort and hope.

God promises that death is not the end. Those who have died in faith are simply “asleep” in Jesus, waiting for the day He will call them back to life. The resurrection is not a fantasy—it’s the heart of the Christian hope. Because Jesus rose from the dead, we have the assurance that our loved ones will rise again, too. Even when we grieve, we can find peace in knowing that Jesus holds the keys to life and death.

Jesus—our Hope—holds the power of life and resurrection.

4. Hope That Defends

Sanctuary

“Sino ang kakampi ko?”

Life can be unfair. In a world where injustice seems common—at work, in relationships, or even in the government—it’s easy to feel abandoned. But God has not left us alone. Jesus stands as our Advocate in Heaven, defending us and interceding on our behalf.

Even when others judge us unfairly or when guilt weighs heavily on our hearts, Jesus speaks on our behalf. He offers forgiveness for every sin and strength for every struggle. He knows our weaknesses and fights for our salvation, ensuring that God's justice is ultimately carried out. His heavenly ministry reminds us that no matter what the world says, God's love and mercy have the final word.

Jesus—our Hope—is our Defender and Advocate.

5. Hope That Simplifies

Simple and Healthy Lifestyle

"Masaya ba ang simpleng buhay?"

In a world driven by materialism, it's easy to think that happiness comes from having more—more money, more success, more possessions. But these things often leave people feeling emptier than before. God's Word teaches that real joy comes from a simple, meaningful life centered on Him.

Living simply means being free from the pressures of comparison and the need to impress others. It means choosing health over harmful habits, humility over pride, and relationships over possessions. When we trust God to provide what we truly need, we discover the joy of living contentedly and focusing on what matters most.

Jesus—our Hope—teaches us to live simply and meaningfully.

6. Hope That Speaks

Spirit of Prophecy and the Three Angels' Messages

"May misyon ba ako?"

Every person has a purpose in God's plan. The Bible calls us to share the message of hope and salvation with the world—especially in the times we are living in now. The Three Angels' Messages remind us that God's love is for everyone and that time is short.

Sharing this hope doesn't require a stage or a microphone. It starts with living out God's truth every day—through acts of kindness, words of encouragement, and faithfulness to His Word. God calls ordinary people to do extraordinary things through His power, giving each of us a role in His saving work.

Jesus—our Hope—calls us to share His love with the world.

7. Hope That Provides

Stewardship of Life

"Paano pagkakasyahin ang kaunti?"

Many Filipino families struggle to make ends meet. But even in scarcity, God's promises remain true. He is our Provider, and He blesses faithfulness in every area of life. Stewardship is about more than just money—it's about how we manage all that God has given us, from our time and talents to our health and relationships.

When we trust God enough to give back what He has asked, we open the door for His blessings. He promises to provide for all our needs according to His riches in glory.

Jesus—our Hope—is our Great Provider.

8. Hope That Transforms

Sanctification and Baptism

"Pwede pa bang magbago?"

No one is too broken for God's transforming power. Jesus offers forgiveness, healing, and a fresh start to anyone who turns to Him. Baptism is a symbol of this new beginning—a spiritual "rebirth" where the old life is left behind, and a new life begins in Christ.

No matter your past, Jesus can change your future. He offers hope, not just for eternity but for today, helping us live with purpose and peace.

Jesus—our Hope—transforms lives.

↑ Enduring Hope Series

Hope That Heals

Sabbath

↑ Enduring Hope Series

Hope That Returns

Second Coming and the Millennium

↑ Enduring Hope Series

Hope That Comforts

State of the Dead

↑ Enduring Hope Series

Hope That Defends

Sanctuary

↑ Enduring Hope Series

Hope That Simplifies

Simple and Healthy Lifestyle

↑ Enduring Hope Series

Hope That Speaks

Spirit of Prophecy and the Three Angels' Messages

↑ Enduring Hope Series

Hope That Provides

Stewardship of Life

↑ Enduring Hope Series

Hope That Transforms

Sanctification and Baptism