

Care Group Meeting Format

Welcome to our small group meeting! We believe that spiritual growth happens best in a supportive and caring community where we can learn, share, and encourage each other on our journey of faith. To guide our time together, we follow a simple yet meaningful format centered on five key parts for easy recall:

▼ Connect (15 minutes)

What happens:

Build relationships and create a welcoming atmosphere. We begin by connecting with one another through friendly conversations and relationship-building activities. This helps set a warm, welcoming atmosphere where everyone feels valued and included.

Why it matters:

Building authentic relationships creates trust and openness, essential for spiritual growth.

Activity:

- Icebreaker, personal updates, or sharing highlights from the week.

▼ Celebrate (10 minutes)

What happens:

Here, we take time to celebrate God's goodness by sharing blessings, answered prayers, or even singing a song of worship. This reminds us of His faithfulness and lifts our spirits in gratitude.

Why it matters:

Celebrating together builds a culture of gratitude and strengthens our faith through shared testimonies.

Activity:

- Share answered prayers, blessings, or a short worship song.
- Brief testimony from a member (optional).

▼ Commune (10 minutes)

Purpose:

We pause to pray together, seeking God's presence and inviting the Holy Spirit to guide our meeting. We believe that God listens when we pray and works through our united faith.

Why it matters:

Prayer creates spiritual focus, inviting God into our time together and strengthening our relationship with Him.

Activity:

- Opening prayer asking for wisdom, guidance, and unity.

▼ **Consider (30 minutes)**

Purpose:

We dive into God's Word, reading Scripture and reflecting on how it applies to our lives today. Through open discussions, we explore spiritual truths and practical lessons that can guide us in our daily living.

Why it matters:

Studying the Bible helps us grow spiritually, find answers to life's questions, and learn how to live according to God's will.

Activity:

- Scripture reading or Bible story.
- Guided discussion using open-ended questions like:
 - "What does this passage teach us about God?"
 - "How can we apply this lesson to our lives?"

▼ **Commit (15 minutes)**

Purpose:

Finally, we commit to living out what we've learned by identifying specific actions we can take. We also take time to care for one another through personal sharing, prayer requests, and practical support.

Why it matters:

Applying biblical lessons in real life leads to lasting spiritual growth, while supporting each other creates a deeper sense of community.

Activity:

- Identify action steps based on the study.
- Share commitments or practical applications.
- Closing prayer focused on living out the lessons and personal requests.